

PE department – Year 11 scheme of work

National curriculum: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/239086/SECONDARY_national_curriculum_-_Physical_education.pdf				
Term	Title	Unit content	Key vocabulary	Resource links:
Autumn 1	Hockey	<ul style="list-style-type: none"> - Consolidating passing – effective application during match play - Consolidating dribbling - effective application during match play - Consolidating shooting - effective application during match play - Consolidating tackling - effective application during match play - Consolidating rules, strategies and tactics - Evidence of understanding, observing and applying rules - Evidence of the ability to analyse their own and others performance within games - Evidence of the ability to improve others and own performance - Effectively adopt different roles and responsibilities within the game 	<ul style="list-style-type: none"> - Push pass - Slap pass - Dribbling - Control - Shooting 	https://www.bbc.co.uk/bitesize/topics/zyth6fr
Autumn 2	Football	<ul style="list-style-type: none"> - Consolidating passing - effective application during match play - Consolidating dribbling - effective application during match play - Consolidating shooting - effective application during match play - Consolidating tackling - effective application during match play - Consolidating heading - effective application during match play - Consolidating rules, strategies and tactics - Evidence of understanding, observing and applying rules - Evidence of the ability to analyse their own and others performance within games - Evidence of the ability to improve others and own performance - Effectively adopt different roles and responsibilities within the game 	<ul style="list-style-type: none"> - Passing - Tackling - Shooting - Crossing - Heading 	https://www.bbc.co.uk/bitesize/guides/zwfnycw/revision/1
Assessment point 1				
Spring 1	Volleyball	<ul style="list-style-type: none"> - Consolidating serving – effective application during match play - Consolidating striking – effective application during match play - Consolidating defending / blocking – effective application during match play 	<ul style="list-style-type: none"> - Underarm - Overarm - Serve 	https://www.bbc.co.uk/bitesize/guides/zwfnycw/revision/1

		<ul style="list-style-type: none"> - Consolidating footwork – effective application during match play - Consolidating rules, strategies and tactics - Evidence of understanding, observing and applying rules - Evidence of the ability to analyse their own and others performance within games - Evidence of the ability to improve others and own performance - Effectively adopt different roles and responsibilities within the game 	<ul style="list-style-type: none"> - Bump/dig - Set - Spike/smash - Block 	size/topics/zqk89qt
Spring 2	Table Tennis	<ul style="list-style-type: none"> - Consolidating serving – effecting application during match play - Consolidating striking – effecting application during match play - Consolidating rules, strategies and tactics – effecting application during match play - Evidence of understanding, observing and applying rules - Evidence of the ability to analyse their own and others performance within games - Evidence of the ability to improve others and own performance - Effectively adopt different roles and responsibilities within the game 	<ul style="list-style-type: none"> - Forehand - Backhand - Serve - Spin - Flick 	https://www.bbc.co.uk/bitesize/guides/z9m7xsq/revision/1
Assessment point 2				
Summer 1	Cricket	<ul style="list-style-type: none"> - Consolidating batting - effective application during match play - Consolidating bowling - effective application during match play - Consolidating fielding - effective application during match play - Consolidating rules, strategies and tactics - Evidence of understanding, observing and applying rules - Evidence of the ability to analyse their own and others performance within games - Evidence of the ability to improve others and own performance - Effectively adopt different roles and responsibilities within the game 	<ul style="list-style-type: none"> - Batting - Bowling - Fielding - Wicket - Crease - Outfield - Line & length 	https://www.bbc.co.uk/bitesize/topics/z3nsp39
Summer 2	Athletics – throwing events	<ul style="list-style-type: none"> - Consolidating throwing events - effective application of throwing for distance - Consolidating teaching points - effective application of throwing for distance - Consolidating rules - Evidence of understanding, observing and applying rules - Evidence of the ability to analyse their own and others performance within throws 	<ul style="list-style-type: none"> - Discus - Shot putt - Hammer - Javelin - Throwing - Pushing 	https://www.bbc.co.uk/bitesize/guides/z3rbcwx/revision/4

		<ul style="list-style-type: none">- Evidence of the ability to improve others and own performance- Effectively adopt different roles and responsibilities within the game		
Assessment point 3				