WEEK 1

STEP 1 Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	**Sausage Pasta Bake** to go with Green Beans	**Beef and Ginger Noodles** to go with Mixed Veg	**Roast Pork** to go with Gravy, Broccoli, Carrots, Roast Potatoes	**Katsu Curry** to go with Sweetcorn, Steamed Rice	**Cod in Batter** to go with Baked Beans, Peas, Chips
Vegetarian	**Gnocchi Bake** to go with Baked Beans, Mixed Veg	**Vegetable Tortilla Quiche** to go with Green Beans, Mixed Pasta	**Macaroni Cheese** to go with Broccoli	**Vegan Biryani** to go with Steamed Rice, Sweetcorn	**Cheese & Tomato Pinwheels** to go with Chips, Peas
Combo	**Jacket Potato** to go with Sweetcorn with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo	**Jacket Potato** to go with Green Beans with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo	**Jacket Potato** to go with Broccoli, Carrots with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo	**Jacket Potato** to go with Sweetcorn with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo	**Jacket Potato** to go with Peas with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo
	Pasta to go with Sweetcorn with choice of fillings Homemade Tomato & Basil Sauce	**Pasta** to go with Green Beans with choice of fillings Homemade Tomato & Basil Sauce	**Pasta** to go with Broccoli, Carrots with choice of fillings Homemade Tomato & Basil Sauce	**Pasta** to go with Sweetcorn with choice of fillings Homemade Tomato & Basil Sauce	**Pasta** to go with Peas with choice of fillings Homemade Tomato & Basil Sauce
	Sandwich with choice of fillings Grated Cheese, Ham, Egg Mayo, BLT	**Sandwich** with choice of fillings Grated Cheese, Chicken Salad, Tuna Mayo, Ham	**Sandwich** with choice of fillings Grated Cheese, Salmon & Tomato, Chicken Mayonnaise, Tuna Mayo, Ham	**Sandwich** with choice of fillings Grated Cheese, Chicken Mayonnaise, Ham, BLT	**Sandwich** with choice of fillings Grated Cheese, Tuna Mayo, Ham
STEP 2 ...and to finish!	**Chocolate & Date Slice**	**Carrot Cake**	**Fresh Fruit Salad**	**Lemon Cheesecake**	**Raspberry Ripple Ice-cream Roll**
	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

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