



**Ambitious  
about Autism**



**Feeling safe in school or college**



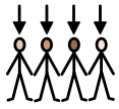
**A guide to safeguarding**



**in our college/school**



**Ambitious  
about Autism**  
Schools Trust



Everyone has the right to feel safe in college/school



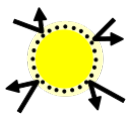
Keeping people safe in college/school is called safeguarding.



**Safeguarding means:**



- Listening to people



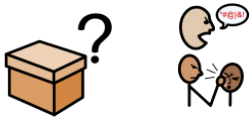
- Protecting people



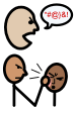
+



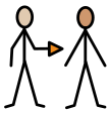
- Helping people feel safe and be the best they can be



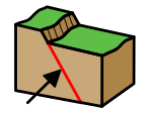
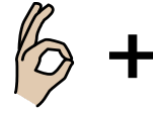
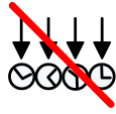
## What is abuse?



Abuse is when someone does something that hurts you,



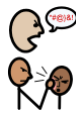
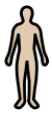
makes you feel upset or frightens you.



Abuse is never ok and it is not your fault



There are different types of abuse:



- Physical abuse is when someone hurts you by hitting,



kicking or pushing you



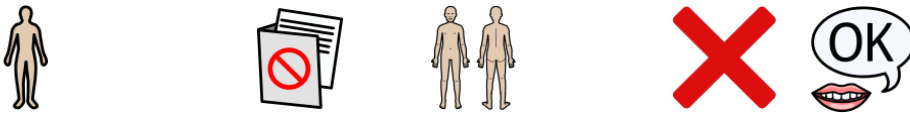
- Emotional abuse is when someone does or says something



that upsets you



- Sexual abuse is when someone touches or makes you touch



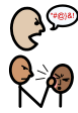
your body or private parts with no permission



- Neglect is when someone does not give you love, support



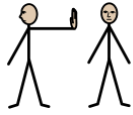
or care you need



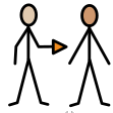
• Financial or material abuse is someone taking your



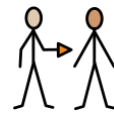
your money or belongings with no permission



• Discrimination is someone that treats you different because



of who you are



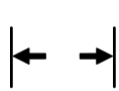
• Bullying is someone that repeatedly makes you feel



upset or unsafe in person or online



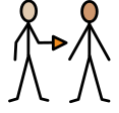
- Radicalisation is when someone makes you change your views



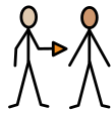
in extreme



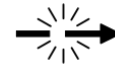
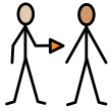
ways



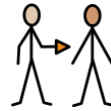
- Grooming is when someone gains your trust then hurts you



Who to speak to if you are worried?



If you are worried about something that happened or a person,



you should speak to an adult you trust.

This could be a:



- parent



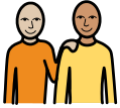
- teacher



- someone at reception



- staff at college/school



- friend



- police



- doctor or nurse



These people are always here to help and support you. But they



cannot promise to keep anything a secret if they need to tell



someone to keep you safe.





**Other people who can help are:**



Childline: [www.childline.org.uk](http://www.childline.org.uk) 0800 1111

NSPCC: [www.nspcc.org.uk](http://www.nspcc.org.uk) 0808 800 5000



Mind: [www.mind.org.uk](http://www.mind.org.uk) 0300 123 3393



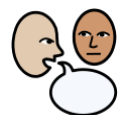
Respond: [www.repsond.org.uk](http://www.repsond.org.uk) 0207 383 0700



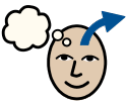





Mencap: [www.mecap.org.uk](http://www.mecap.org.uk) 0808 808 1111






In an Emergency call 999



Talk to someone call 101.

 Remember  it is your right to  feel  safe. If you  do not feel  safe,

 speak to an  adult you  trust