



SUMMER ACTIVITIES IN THE LOCAL AREAS



- The No.1 Science Activity Holiday Camp
- For All Boys & Girls Aged 5-12 Yrs
- Runs Every School Holidays - Including Half-Terms
- Venues Across London and Herts

SUMMERCAMP

08 July to 30 August 2019 | 8 Weeks Available | Monday-Friday

Four Out-of-this-World
Science-Week Topics to Choose from:



Early
Booking
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Available!!!



Book Online:
mnature.co.uk

Or Call:
020 8863 8832

**FUN, Hands-On, Science
Experiments with Take-Homes
In Every Activity Week!**



Read Parent Reviews at:
feefo ★★★★★
Independent Service Rating



SEN Sessions

Thursday 18th July, from 6pm-8pm

Join our SEN/Disability friendly sessions, come along and meet other families, play and make friends! Enjoy a relaxed atmosphere dedicated to children with all types of disabilities and special educational needs (SEN and SEND) including autism.

Adults £2.50 entry and children with DLA letter go FREE!
FREE ENTRY for Siblings/friends who are welcome to join.

PLEASE NOTE:

These sessions are currently running on a trial basis. Age range 0 -12 years – children remain the responsibility of the accompanying adult/carer and must always be supervised. You are unable to bring your own food or drink onto the premises and socks must be worn.

www.snakes-and-ladders.co.uk

HOUNSLOW

www.fsd.hounslow.gov.uk

The Kids Cookery School

The Kids Cookery School, a registered charity, will be delivering a fun and practical cookery session during the holidays for children and their siblings! With a focus on healthy eating, they will show you how to make nutrition fun, accessible, cost effective and simple. Details are as follows:

Saturday 13 July: 5-10 years
 Tuesday 30 July: 11+ years
 Wednesday 31 July: 5-10 years
 Monday 5 August: 5-10 years
 Wednesday 7 August: 11+ years
 Monday 12 August: 11+ years
 Wednesday 14 August: 5-10 years
 Monday 19 August: 11+ years
 Tuesday 20 August: 5-10 years
 Tuesday 27 August: 11+ years
 Wednesday 28 August: 5-10 years
 Saturday 14 September: 5-10 years
 Saturday 28 September: 11+ years
 Times: 10am – 12pm


The student will not need to bring any materials. We supply all materials and ingredients, including take away containers and aprons etc.

We will be taking bookings for 12 students for each session. No more than two sessions per child.

The Kids Cookery School, 107 Gunnersbury Lane, Acton, London W3 8HQ

To book a place or to find out more information please ring the Kids Cookery School on 020 8992 8882.

Email: info@thekidscookeryschool.co.uk
 Website: www.thekidscookeryschool.co.uk



Icons: 2, 3, 5 up to 18, person icon

Outdoor Kayaking at Brentford Lock (Katakanu boats)
Brentford Lock/Canal
 Commerce Road, off Brentford High Street, Brentford TW8 8PH (follow signs for Marketing suite on Commerce Road)

Wednesday 31 July
 10am – 12noon and 1 – 3pm

Wednesday 7 August
 10am – 12noon and 1 – 3pm

Wednesday 14 August
 10am – 12noon and 1 – 3pm

Wednesday 21 August
 10am – 12noon and 1 – 3pm

Wednesday 28 August
 10am – 12noon and 1 – 3pm

Please note minimum age 7 years old.

For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfcst.com or 020 8326 7041.



Icons: 1, 2, 3, 5 up to 18, person icon

Feltham Bees


Feltham Bees will be running a Soccer/ Arts + Crafts Camp in the Easter holidays at Springwest Academy, Browells Lane, Feltham TW13 7EF.

Dates: Monday 29 – Wednesday 31 July (10am – 3pm)
 Monday 19 – Wednesday 21 August (10am – 3pm)

All budding Jermain Defoe's are welcome – football coaching will be undertaken by FA qualified staff. Alongside the soccer camp, Feltham Bees are also running an Arts & Crafts session.

Young people should bring a packed lunch and a drink/s.

For further information and to book your place, contact Ray Coleman on 020 8831 3032



Icons: 1, 2, 6 up to 18, person icon

Cycling for Fun
Lampton Park (meeting point – 'Lampton Park Cycling Hub' storage containers, located just inside Lampton Park, by the Bulstrode Avenue entrance, TW3 3AA).

Brentford FC CST, in partnership with the London Bike Hub, will be delivering cycling sessions designed to help Short Breaks children increase their confidence and develop their skills on their bikes. Details are as follows:

Tuesday 6 August
 12 – 12.45pm, 12.45 – 1.30pm
 Beginners (requiring 1-1 support)

2 – 3.30pm
 Intermediate (able to cycle unassisted)

Tuesday 13 August
 12 – 12.45pm, 12.45 – 1.30pm
 Beginners (requiring 1-1 support)

2 – 3.30pm
 Intermediate (able to cycle unassisted)

Tuesday 27 August
 12 – 12.45pm, 12.45 – 1.30pm
 Beginners (requiring 1-1 support)

2 – 3.30pm
 Intermediate (able to cycle unassisted)

For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfcst.com or 020 8326 7041.

Horse Riding with Park Lane Stables

Come and meet the horses at Park Lane Stables for a session that will give the young people a chance to meet the horses, learn about grooming the animals and a chance to have a ride. There are 4 young people in each session. So that we can be as fair as possible, only one session per child can be booked. Please note that there is a weight limit of 14 stones. These sessions are for the disabled child. In exceptional circumstances, siblings may be included if there are spaces on the day. We will only take bookings for one session per child so that we can include as many children as we can.

Unfortunately, the stables do not have a hoist so this activity will not be suitable for wheelchair users. However, we are doing our best to organise this for the future.

Sessions during the Summer holidays
 24th July 11am – 1pm
 25th July 2pm – 4pm
 26th July 11am – 1pm
 26th July 2pm – 4pm
 28th July 3pm – 5pm
 9th August 11am – 1pm
 9th August 2pm – 4pm
 12th August 11am – 1pm
 12th August 2pm – 4pm
 13th August 11am – 1pm
 13th August 2pm – 4pm
 14th August 11am – 1pm
 15th August 11am – 1pm
 15th August 2pm – 4pm

Address: Park Lane Stables, Park Lane, Teddington, Middlesex TW11 0HY

Carriage driving with Park Lane Stables


For wheelchair users only

Park Lane Stables are offering an opportunity for the young person to either drive the carriages or just have a ride in the back enjoying the sunshine.

On 13 and 20 August, there will be 7 taster half hour sessions during the day at the following times:
 10.30; 11.15; 12.00; 12.45; 2.00; 2.45; 3.30

Address: Springwood Equestrian, Molesey Road, Walton on Thames, Surrey KT12 3PP

To book a place for either activity, please call Short Breaks on 020 8583 3636.



Icons: 2, 3, 5 up to 18, person icon

Trip To Whipsnade Zoo – Thursday 22 August

Join us for a trip to the zoo! Lions, tigers and bears and a whole lot more!

Whipsnade Zoo is the largest zoo in the UK and will be a lovely day out for the family. Wheelchairs and trikes for smaller children are available to hire. There are several accessible toilets with a Changing Place facility at the Butterfly House.

Short Breaks will cover the cost of the disabled child – the primary carer goes in free – one carer per disabled child. It is the responsibility of the family to buy tickets for remaining members of the family group. Transport is free of charge for all.

Coaches will leave at 9am from in front of Isleworth Leisure Centre, 146 Twickenham Road, Isleworth TW7 7DJ and will leave Whipsnade Zoo at 4.00 pm.

Please bring your own packed lunches or make use of the many catering facilities within Whipsnade Zoo.

We will send you a letter a week before the trip with further details of the day.

To book, please call the Short Breaks Team on 020 8583 3636 or email shortbreaks@hounslow.gov.uk.

	On-line	On the day
Adult	£24.54	£27.27
Children (3-15 years)	£15.95	£17.73
Children under 3 years	FREE	FREE
Concession – 65+, student, adult visitor with a disability	£22.09	£24.54

Prices for the rest of the family:

Icons: 1, 2, 3, 0 up to 18, person icon

SURREY

www.surreylocaloffer.org.uk

75 Year D Day anniversary family event

Description

A free family event with re-enactors, weapon and vehicle displays, music, dancing and more!

Location

Name Bourne Hall Museum
Address Spring Street
Ewell
Surrey
Postcode KT17 1UF
Borough Epsom and Ewell

- ▀ [View KT17 1UF on a map](#)
- ▀ [Get directions to KT17 1UF](#)

Who to contact

Contact Name David Brooks
Telephone 020 8394 1734
E-mail dbrooks@epsom-ewell.gov.uk

Time / Date Details

When is it on Saturday 13 July
Session Information 11am - 4.30pm

Autism in the Early Years - Tackling the ticky bits

Description

An interactive workshop for parents and practitioners exploring behaviour that concerns us in young autistic children.

The workshop will be run by Sue Goldman, a specialist teacher and Early Years Practitioner, who is highly experienced in working with young autistic children.

Cost £10 parents and £15 for practitioners.

To book your place please contact sue@suegoldman.co.uk

Location

Address Kingston Express CIC
452 Ewell Road
Surbiton
Postcode KT6 7EL

- ▀ [View KT6 7EL on a map](#)
- ▀ [Get directions to KT6 7EL](#)

Who to contact

Contact Name Sue Goldman
E-mail sue@suegoldman.co.uk
Website www.suegoldman.co.uk

Time / Date Details

When is it on Wednesday 17 July 2019
Session Information 10am to midday

Kayaking Splash Summer Youth Day Camp

Description

We offer a safe, welcoming learning environment where everyone achieves and goes home smiling. This camp is three days of paddling each week, exploring the River Thames and making new friends. Mon 29 Jul to Wed 31 Jul, Mon 5 Aug to Wed 7 Aug, Mon 12 Aug to Wed 14 Aug, Mon 19 Aug to Wed 21 Aug. £25 p/p per day. It includes boat, equipment, coaching and insurance.

Who to contact

Contact Name Panagiota Angelopoulou
Contact Position Trustee
Telephone 07447 049157
E-mail info@surreycanooclub.org.uk
Website www.surreycanooclub.org.uk

Location

Address Surrey Canoe Club
Thameside
Laleham
Staines-upon-Thames
Postcode KT16 8LD
Borough Spelthorne
Notes The river site is located next to the M3 motorway bridge. Free Parking.

Time / Date Details

When is it on Monday to Wednesday 29 July 2019 to 21 August 2019

Xplorer family orienteering

Description

Xplorer is the perfect outdoor activity for families, offering a navigation challenge that is educational and fun. The aim is to find a number of markers that are located around the park using a simple map.

Come along to one of the following free events between 10.30am-12.30pm:

- Monday 29 July: Staines Park, Commercial Road
- Tuesday 6 August: Long Lane Recreation, Ground, Stanwell
- Wednesday 14 August: Orchard Meadow, Lower Sunbury
- Thursday 22 August: Ashford Recreation Ground, Clockhouse Lane
- Friday 30 August: Kenyngton Manor Park, Sunbury-on-Thames

Who to contact

Telephone 01784 446433
E-mail leisure@spelthorne.gov.uk
Website www.xplorer.org.uk/

Location

Borough Spelthorne

Time / Date Details

When is it on 29 July until 30 August 10.30am - 12.30pm
Time of day Morning
Afternoon

SURREY SPORTS WEEK

<http://www.spelthorne.gov.uk/sportsweek>

When

Monday 5 August to Friday 9 August 2019.

10am to 3.30pm daily (*except Climbing Wall 10am-1pm)

Cost

£10 per day (we accept Spelthorne play scheme vouchers, please quote your voucher numbers when booking).

Sports 8-12 years

Day	Sport	Venue
Monday 5 August	Badminton	Leacroft Youth Centre, Leacroft, Staines-upon-Thames, TW18 4PB
Tuesday 6 August	Squash	Spelthorne Leisure Centre, Staines-upon-Thames, TW18 1AJ
Tuesday 6 August	Tennis	Fordbridge Park, Kingston Road, Ashford, TW18 4XZ
Wednesday 7 August	Badminton	Leacroft Youth Centre, Leacroft, Staines-upon-Thames, TW18 4PB
Thursday 8 August	Table Tennis	Ashford Table Tennis Club, WR Sports, Woodthorpe Road, Ashford, TW15 3JX
Friday 9 August	Multi Sports	Matthew Arnold School, Kingston Road, Staines-upon-Thames
Friday 9 August	*Climbing Wall	Sunbury Leisure Centre, Nursery Road, TW16 6LG

Sports 12-16 years

Day	Sport	Venue
Monday 5 August	Tennis	Fordbridge Park, Kingston Road, Ashford, TW18 4XZ
Tuesday 6 August	Rowing	Burway Rowing Club, The Boathouse, Thames Side, Laleham, TW18 1UQ
Wednesday 7 August	*Climbing Wall	Sunbury Leisure Centre, Nursery Road, TW16 6LG
Friday 9 August	Table Tennis	Ashford Table Tennis Club, WR Sports, Woodthorpe Road, Ashford, TW15 3JX

HILLINGDON

www.connecttosupporthillingdon.org

Minions Madness Summer Workshop

The Windmill Studio Centre

Monday 30 July - Friday 3 August

9:30 am - 12:30 pm

Arts, Crafts, Cold Cooking, Singing, Dancing, Acting, Modelling, Role Play, Pure Partying.

Address: 106-106A Pembroke Road, Ruislip Manor

Postcode: HA4 8NW

Phone number: 01895 624755

Email: thewindmillstudio@gmail.com

Website: www.thewindmillstudio.com

Summer Holiday Club - Ruislip Baptist Church

Ruislip Baptist Church

Monday 29 July to Friday 2

August, 10am to 12.15pm
and 6.30pm to 7.45pm

All aboard for a week of fun, crafts, team challenges, cooking, bible stories and singing at Ruislip Baptist Church. Open to children in school years 2 to 6.

Cost: £4 per day.

Register on www.ruislipbaptistchurch.org/events.

Ruislip Baptist Church

Address: 122 Manor Way, Ruislip

Postcode: HA4 8HR

Phone number: 01895 631239

Website: www.ruislipbaptistchurch.org/events

Family Fishing Day

Family Fishing Day

Now in their tenth year, our free Family Fishing Fun Days are being held on Sunday 29 July and 12 August 2018, 9.30am to 3.30pm at Little Britain Lake, Packet Boat Lane, Cowley, UB8 2JR.

These popular council-run events, are open to residents of all ages. You don't need to be an experienced angler to attend and take part, as it's a welcoming day where you can experience a new pastime and have fun as a family, with friends or on your own.

Other children's activities are also available and include, bouncy castle, face painting and bird box making (limited availability and bookable on the day only).

Address: Little Britain Lake, Packet Boat Lane, Cowley

Postcode: UB8 2JR

Phone number: 01895 556640

Bird House Decorating

Colne Valley Visitor Centre

Decorate your own mini bird house to take home

Date: Tuesday 7 August

Time: 11am - 12pm

All ages.

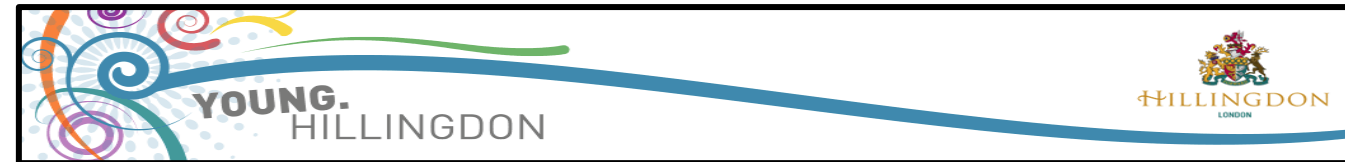
£5 per child

Address: Denham Country Park, Denham Ct Drive

Postcode: UB9 5PG

Email: catherine.kyle@groundwork.org.uk

Website: <http://www.colnevalleypark.org.uk>



www.archive.hillingdon.gov.uk/fiesta

Activity	School year	Town	Dates
FIESTA in the Park/Outdoor Gym	Year 10-13	Uxbridge	Tue 30 Jul–Tue 30 Jul
Summer Action	Year 4-6	Ruislip	Mon 29 Jul–Fri 2 Aug
Intro to Motor Vehicle	Year 9-13	West Drayton	Mon 29 Jul–Fri 2 Aug
Fencing	Year 7-13	South Ruislip	Tue 30 Jul–Fri 2 Aug
Emergency First Aid (one day only.)	Year 8-13	Hayes	Mon 29 Jul–Mon 29 Jul
Street Magic (one day only.)	Year 8-13	Hayes	Wed 31 Jul–Wed 31 Jul
Basketball	Year 3-6	Ickenham	Mon 29 Jul–Fri 2 Aug
Basketball	Year 7-11	Ickenham	Mon 29 Jul–Fri 2 Aug
Mini Tennis	Year 3-6	Hayes	Mon 29 Jul–Fri 2 Aug
Tennis	Year 7-10	Hayes	Mon 29 Jul–Fri 2 Aug

Activity	School year	Town	Dates
Football Skills	Year 1-4	Hayes	Mon 29 Jul–Fri 2 Aug
Football Skills	Year 5-7	Hayes	Mon 29 Jul–Fri 2 Aug
Self Defence (one day only.)	Year 8-13	Hayes	Tue 30 Jul–Tue 30 Jul
			Wed 3 Jul–Wed 3 Jul
			Wed 3 Jul–Wed 3 Jul
FIESTA in the Park/Outdoor Gym	Year 10-13	Hillingdon	Tue 6 Aug–Tue 6 Aug
Make Up Techniques	Year 8-13	Hayes	Mon 5 Aug–Fri 9 Aug
Big Summer	Year 7-10	West Drayton	Mon 5 Aug–Fri 9 Aug
Summer Action	Year 4-6	Uxbridge	Mon 5 Aug–Fri 9 Aug
Cricket	Year 4-10	Hayes	Mon 5 Aug–Fri 9 Aug

Activity	School year	Town	Dates
Basketball	Year 3-6	Ickenham	Mon 5 Aug–Fri 9 Aug
			Thu 4 Jul–Thu 4 Jul
			Thu 4 Jul–Thu 4 Jul
			Thu 4 Jul–Thu 4 Jul
FIESTA in the Park/Outdoor Gym	Year 10-13	Cowley	Tue 13 Aug–Tue 13 Aug
Big Summer	Year 7-10	Ruislip	Mon 12 Aug–Fri 16 Aug
Summer Action	Year 4-6	Hayes	Mon 12 Aug–Fri 16 Aug
BMX Skills	Year 6-13	Hayes	Wed 14 Aug–Fri 16 Aug
"Drive Time" Radio Presenting	Year 8-13	Hayes	Mon 12 Aug–Fri 16 Aug
Street Magic (one day only.)	Year 8-13	South Ruislip	Thu 15 Aug–Thu 15 Aug

Activity	School year	Town	Dates
Bikeability Level 1 Cycling & Level 2 Safer Cycling award	Year 6-13	West Drayton	Mon 12 Aug–Thu 15 Aug
Bikeability Level 1 Cycling & Level 2 Safer Cycling award	Year 6-13	West Drayton	Mon 12 Aug–Thu 15 Aug
Young Enterprise Week - Chocolate Factory	Year 7-13	Northwood	Mon 12 Aug–Fri 16 Aug
			Thu 4 Jul–Thu 4 Jul
			Thu 4 Jul–Thu 4 Jul
FIESTA in the Park/Outdoor Gym	Year 10-13	Uxbridge	Tue 20 Aug–Tue 20 Aug
Big Summer	Year 7-10	Uxbridge	Mon 19 Aug–Fri 23 Aug
Summer Action	Year 4-6	South Ruislip	Mon 19 Aug–Fri 23 Aug
BMX Skills	Year 6-13	Hayes	Wed 21 Aug–Fri 23 Aug
A Week of Dance	Year 7-13	Hayes	Mon 19 Aug–Fri 23 Aug

Activity	School year	Town	Dates
<u>Street Dance</u>	Year 7-13	Hayes	Mon 19 Aug–Fri 23 Aug
<u>Fencing</u>	Year 7-13	South Ruislip	Mon 19 Aug–Fri 23 Aug
<u>Smart Phone Photography</u>	Year 8-13	Ruislip	Mon 19 Aug–Fri 23 Aug
<u>Mini Tennis</u>	Year 3-6	Hayes	Mon 19 Aug–Fri 23 Aug
<u>Mini Tennis</u>	Year 1-4	Hayes	Mon 19 Aug–Fri 23 Aug
<u>Football Skills</u>	Year 1-4	Hayes	Mon 19 Aug–Fri 23 Aug
<u>Football Skills</u>	Year 5-7	Hayes	Mon 19 Aug–Fri 23 Aug
<u>Bikeability Level 1 Cycling & Level 2 Safer Cycling award</u>	Year 6-13	Ruislip	Mon 19 Aug–Thu 22 Aug
<u>Bikeability Level 1 Cycling & Level 2 Safer Cycling award</u>	Year 6-13	Ruislip	Mon 19 Aug–Thu 22 Aug
<u>Cricket</u>	Year 4-10	Harefield	Mon 19 Aug–Fri 23 Aug

Activity	School year	Town	Dates
<u>Cricket</u>	Year 4-10	Harefield	Mon 19 Aug–Fri 23 Aug
			Thu 4 Jul–Thu 4 Jul
			Thu 4 Jul–Thu 4 Jul
<u>Summer Action</u>	Year 4-6	Ruislip	Tue 27 Aug–Fri 30 Aug
<u>Big Summer</u>	Year 7 - 10	West Drayton	Tue 27 Aug–Fri 30 Aug
<u>Multi Activity -Sparks (LDD)</u>	14-25 years	South Ruislip	Tue 27 Aug–Fri 30 Aug
<u>Self Defence (one day only)</u>	Year 8-13	Hayes	Wed 28 Aug–Wed 28 Aug
<u>Bikeability Level 1 Cycling & Level 2 Safer Cycling award</u>	Year 6-13	Hayes	Tue 27 Aug–Fri 30 Aug
<u>Bikeability Level 1 Cycling & Level 2 Safer Cycling award</u>	Year 6-13	Hayes	Tue 27 Aug–Fri 30 Aug
<u>Emergency First Aid (one day only)</u>	Year 8-13	Hayes	Tue 27 Aug–Tue 27 Aug

EALING

www.ealingfamiliesdirectory.org.uk



Kew Gardens

Date: Thursday 8th August 2019
Time: 11:00a.m. to 3.30p.m.
Address: Kew Gardens, Richmond, Surrey, TW9 3AB.
Cost: £3 per person
Transport will be provided by Contact Ealing.
Meeting point Contact Ealing, Southall Office.
Time 11:00a.m.



Time 11:00a.m.

Cinema Trip

Date: Tuesday 13th August 2019
Time: TBC
Address: Waterman's Art Centre, High Street, Brentford, TW8 ODS.
Please meet us at Waterman's Art Centre as no transport will be provided by Contact Ealing.



Snakes and Ladders

Date: Wednesday 21st August 2019
Time: 11.00am –3.00pm
Address: Snakes and Ladders, Syon Park, London Road, Middlesex, Brentford, TW8 8JF.
Cost: £3 per person
Please meet us at Snakes and Ladders as no transport will be provided by Contact Ealing.



Brighton Beach

Date: Wednesday 31st July 2019
Time: 8.30am –3.30pm
Cost: £3 per child
Transport will be provided by Contact Ealing.
Meeting point Contact Ealing, Southall Office. Time 8.30a.m.



Bournemouth Beach

Date: Wednesday 28th August 2019
Time: 8.30am –3.30pm
Cost: £3 per person
Transport will be provided. Meeting point Contact Ealing, Southall Office. Time 8.30a.m.



London Zoo

Date: Tuesday 6th August 2019
Time: 11.00am –3.30pm
Address: ZSL London Zoo, Regents Park, London, NW1 4RY.
Cost: £3 per child
Transport will be provided by Contact Ealing. Meeting point Contact Ealing Southall Office. Time 11:00a.m.

Terms and Conditions

These trips are for Contact Ealing registered members. Please send your payment with your form. We will notify you if you have a place at any of our events. Extended family and friends (non registered members) may attend only if there are spaces. Priority will be given to parents/carers and their disabled children.

If you are unable to attend any of the events you have paid for, please let us know as soon as possible so that we can offer your place to another family.

Parents and carers are responsible for their children at all times. Families should be prepared for events and accidents and bring appropriate/spare clothing, footwear for their child. Parents will also be responsible for providing their child with refreshments.

USEFUL LINKS

<http://www.hacs.org.uk/>

www.children.connecttosupporthillingdon.org

www.fsd.hounslow.gov.uk

www.autismlinks.co.uk/

www.mnature.co.uk

www.ealingfamiliesdirectory.org.uk

www.sendadvicesurrey.org.uk

www.thegirlwiththecurlyhair.co.uk

www.ruils.co.uk

www.sossen.org.uk



HAVE A LOVELY SUMMER

Any queries please contact

Di White

Family Liaison